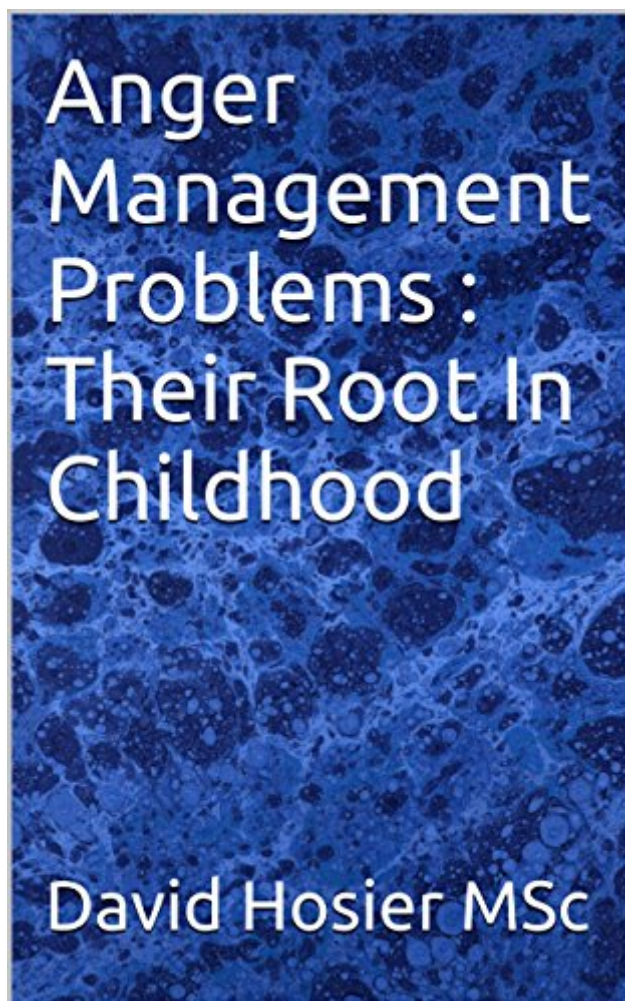


The book was found

Anger Management Problems : Their Root In Childhood



Synopsis

The link between childhood trauma and the subsequent development deep rooted feelings of anger is now overwhelmingly supported by the research evidence. In this eBook, psychologist David Hosier MSc, who himself suffered severe childhood trauma, examines this link through a series of comprehensive yet easily digestible articles. Topics covered include Intermittent Explosive Disorder, High Conflict Personality, problems controlling anger and aggression, psychopathy, and, because anger is sometimes turned inwards upon the self, suicide and suicidal impulses .Early warning signs of the potential for future development of such conditions are also examined. David Hosier has experience as a teacher, lecturer and researcher ; he was educated at the University of London, Goldsmith's College and currently lives in Brighton, UK.

Book Information

File Size: 916 KB

Print Length: 128 pages

Simultaneous Device Usage: Unlimited

Publisher: childhoodtraumarecovery.com publications; First edition (December 29, 2013)

Publication Date: December 29, 2013

Sold by:Ã Â Digital Services LLC

Language: English

ASIN: B00HR8XGTA

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #358,906 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #49

inÃ Â Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Addiction & Recovery > Adult Children of Alcoholics #106 inÃ Â Books > Health, Fitness & Dieting > Addiction & Recovery > Adult Children of Alcoholics #217 inÃ Â Books > Self-Help > Anger Management

[Download to continue reading...](#)

Anger Management Problems : Their Root In Childhood Anger Management: 7 Steps to Freedom from Anger, Stress and Anxiety Mad at Everything: How to Control Your Temper, Let Go of Anger,

and Live a Happier Life: Your Guide to Anger Management, Controlling Your Frustration, and Living a Happier Life Prostate Problems Home Remedies, How To Fight Prostate Problems At Home, Get Rid Of Prostate Problems Fast!: Back On Track - Fighting Prostate Problems At Home Beyond Anger: A Guide for Men: How to Free Yourself from the Grip of Anger and Get More Out of Life The Dialectical Behavior Therapy Skills Workbook for Anger: Using DBT Mindfulness and Emotion Regulation Skills to Manage Anger (New Harbinger Self-Help Workbooks) Letting Go of Anger: The Eleven Most Common Anger Styles And What to Do About Them The Anger Workbook for Women: How to Keep Your Anger from Undermining Your Self-Esteem, Your Emotional Balance, and Your Relationships (New Harbinger Self-Help Workbook) The Anger Workbook for Teens: Activities to Help You Deal with Anger and Frustration Mindfulness for Teen Anger: A Workbook to Overcome Anger and Aggression Using MBSR and DBT Skills BULLSHIT: 50 Swear Words to Color Your Anger Away: Release Your Anger: Stress Relief Curse Words Coloring Book for Adults How trace element selenium affects men's health: Discover how selenium can affect: prostate problems, eczema problems, asthma breathing, and 9 other health problems Eat Dirt: Why Leaky Gut May Be the Root Cause of Your Health Problems and 5 Surprising Steps to Cure It Change Your Brain, Change Your Life (Revised and Expanded): The Breakthrough Program for Conquering Anxiety, Depression, Obsessiveness, Lack of Focus, Anger, and Memory Problems Telling Yourself the Truth: Find Your Way Out of Depression, Anxiety, Fear, Anger, and Other Common Problems by Applying the Principles of Misbelief Therapy What to Do When Your Temper Flares: A Kid's Guide to Overcoming Problems With Anger (What to Do Guides for Kids) Pagan Portals - By Wolfsbane & Mandrake Root: The Shadow World Of Plants And Their Poisons I'm Not Bad, I'm Just Mad: A Workbook to Help Kids Control Their Anger Strangers in Their Own Land: Anger and Mourning on the American Right The ABCs of the ADA: Your Early Childhood Program's Guide to the Americans with Disabilities Act Your Early Childhood Programs' Guide to the Americans with Disabilities Act

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)